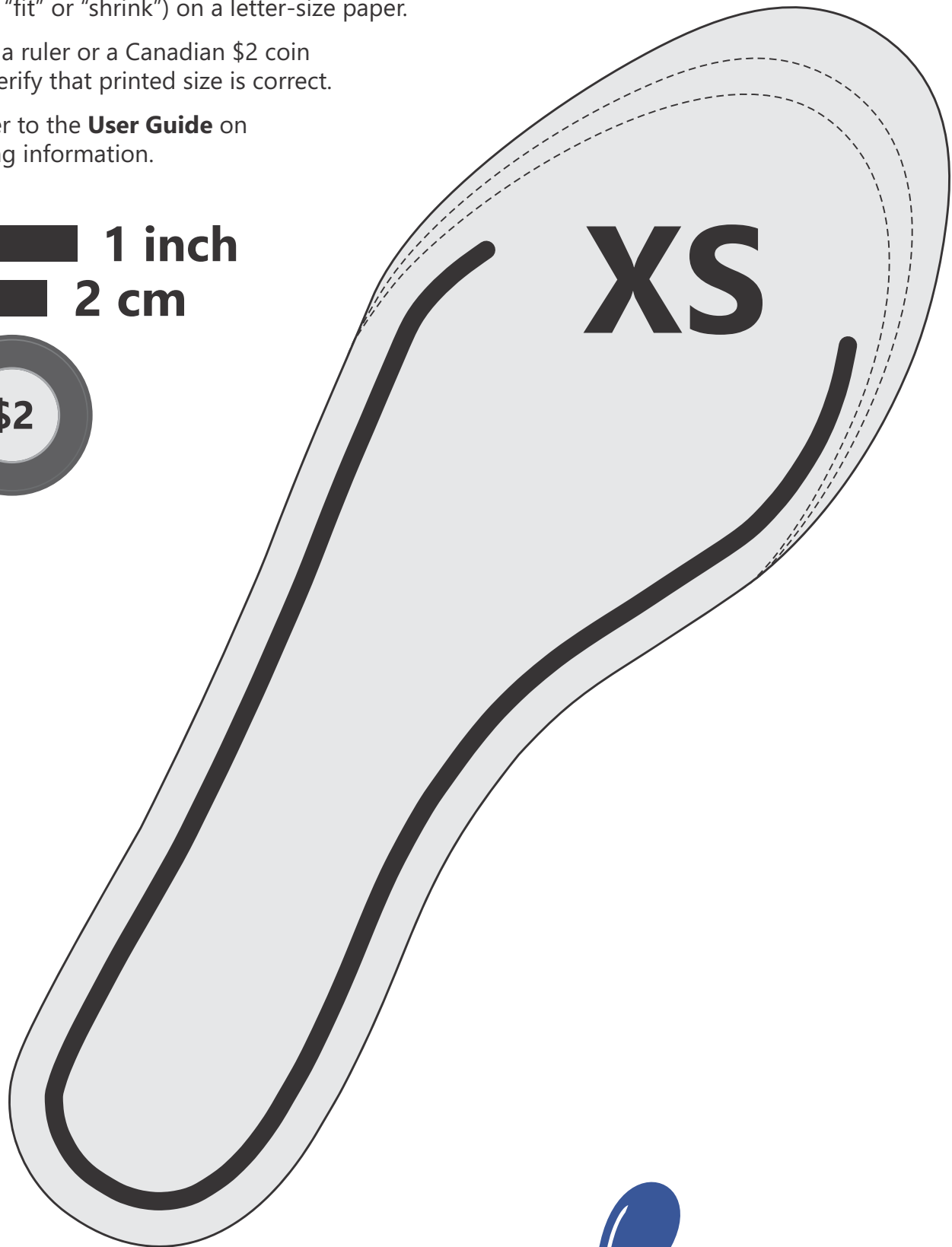


Insole Template (Size XS)

1. Print this page, choose "**actual size**" (not "fit" or "shrink") on a letter-size paper.
2. Use a ruler or a Canadian \$2 coin to verify that printed size is correct.
3. Refer to the **User Guide** on sizing information.

 **1 inch**

 **2 cm**

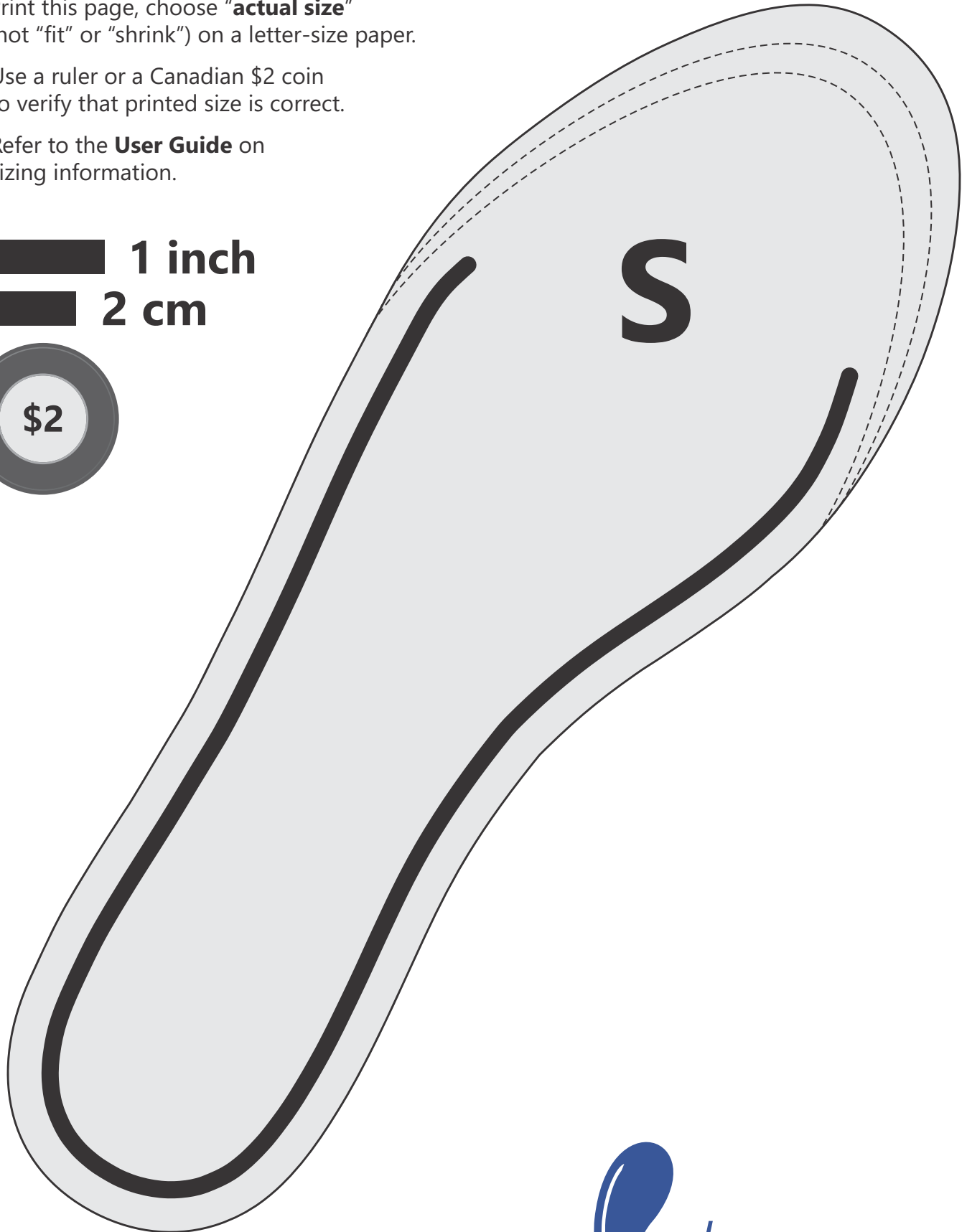


Insole Template (Size S)

1. Print this page, choose "**actual size**" (not "fit" or "shrink") on a letter-size paper.
2. Use a ruler or a Canadian \$2 coin to verify that printed size is correct.
3. Refer to the **User Guide** on sizing information.

 **1 inch**

 **2 cm**

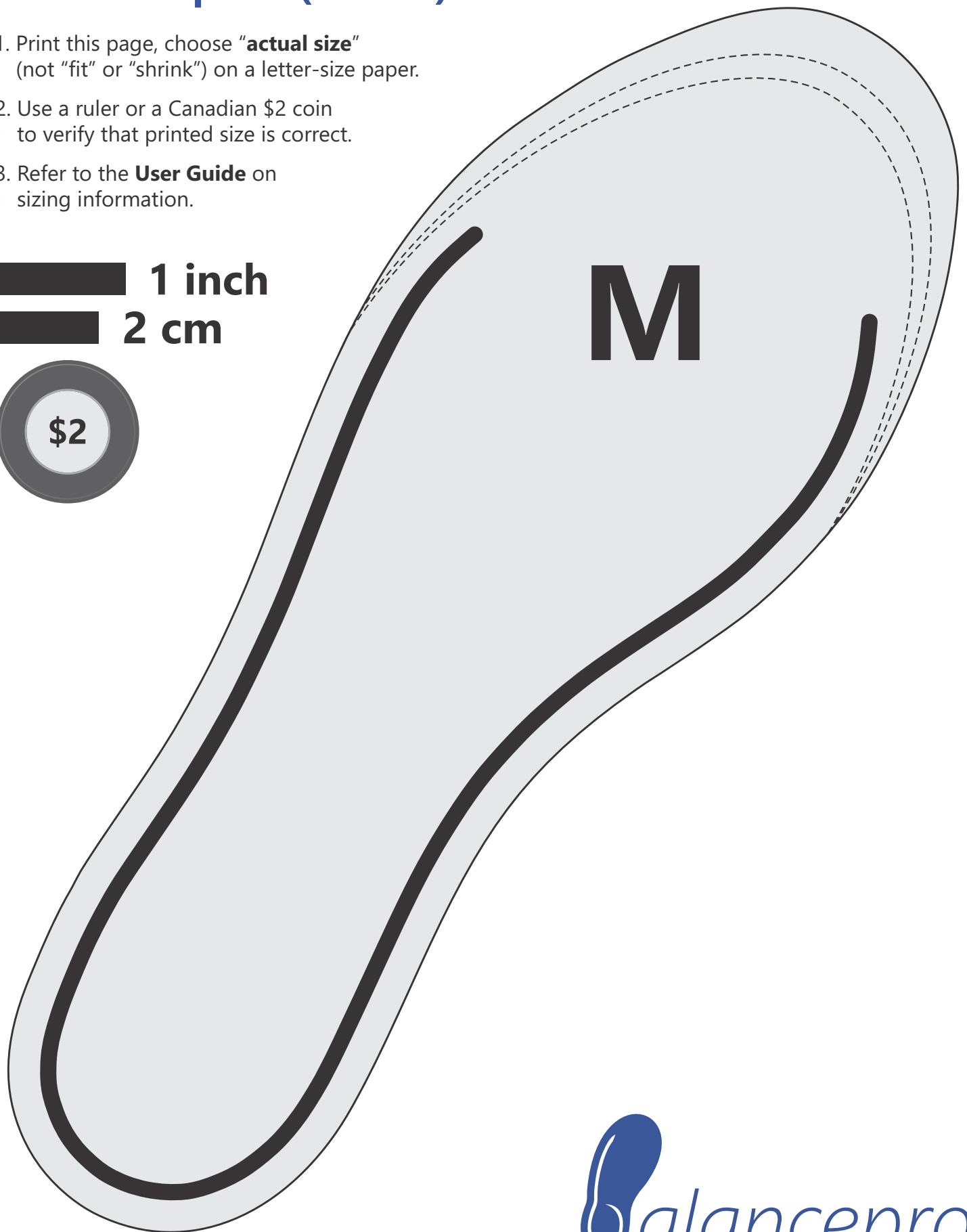


Insole Template (Size M)

1. Print this page, choose "**actual size**" (not "fit" or "shrink") on a letter-size paper.
2. Use a ruler or a Canadian \$2 coin to verify that printed size is correct.
3. Refer to the **User Guide** on sizing information.

 1 inch

 2 cm

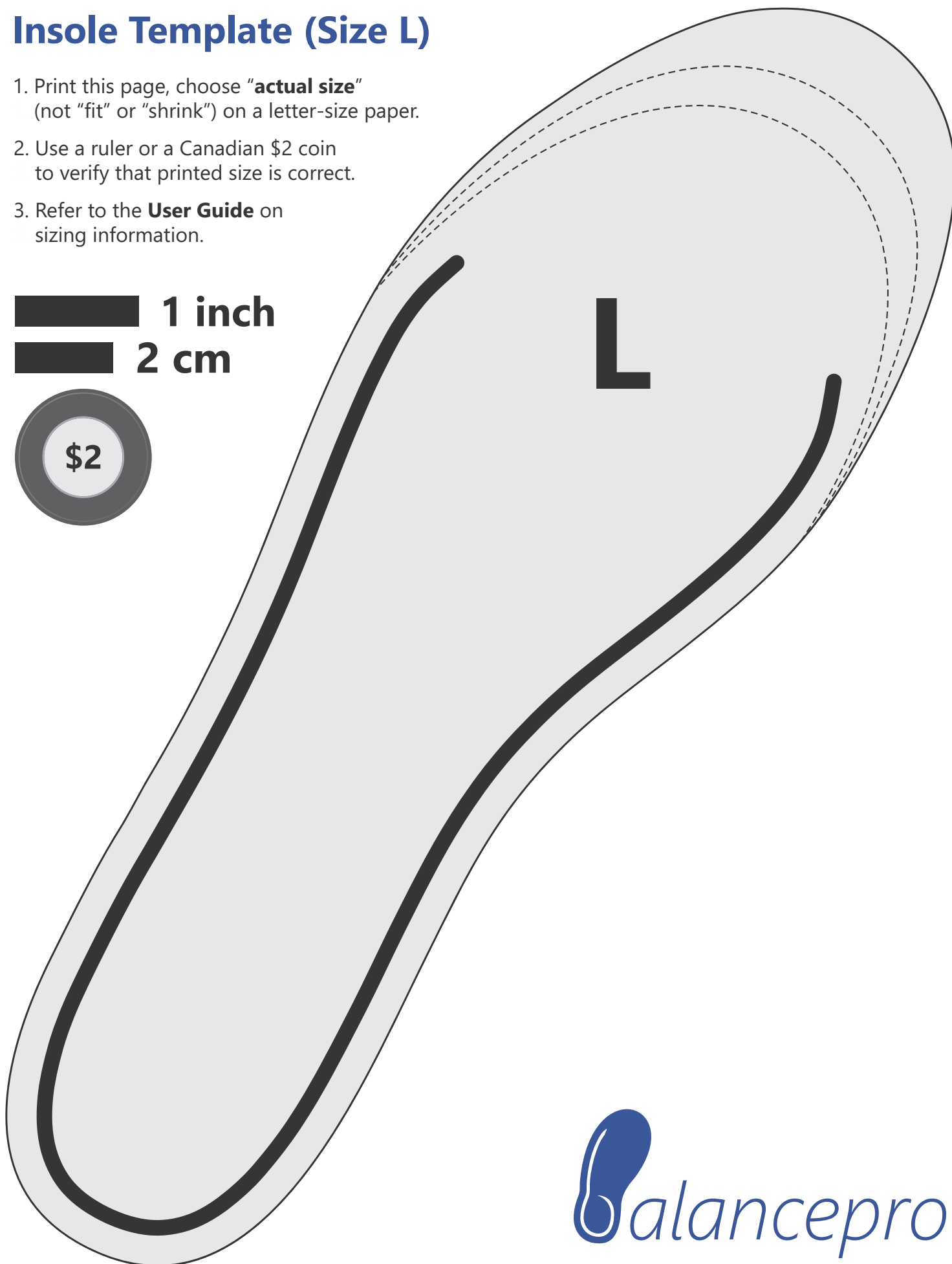


Insole Template (Size L)

1. Print this page, choose "**actual size**" (not "fit" or "shrink") on a letter-size paper.
2. Use a ruler or a Canadian \$2 coin to verify that printed size is correct.
3. Refer to the **User Guide** on sizing information.

 **1 inch**

 **2 cm**



BalancePro Insoles

USER GUIDE

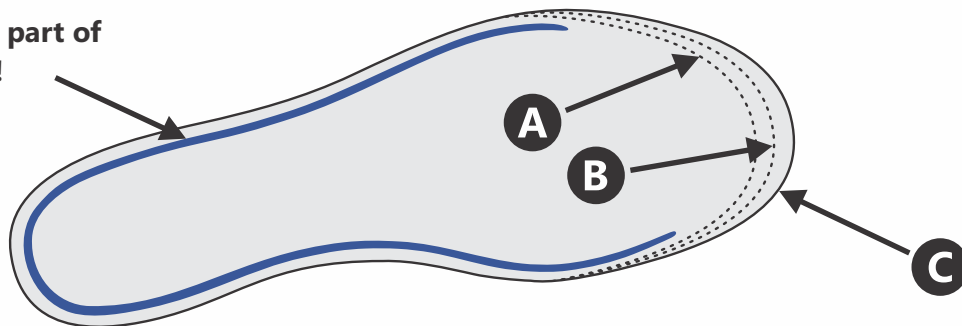


Thank you for purchasing BalancePro insoles! Our product will enhance your sense of balance and therefore reduce the risk of falls. Your safety is our top priority. Before use, please read carefully the following instructions. Should you have any questions, please feel free to contact us at +1 (416) 418-9799 or info@balancepro.ca.

WARNING: During the first few days of wearing BalancePro insoles, you may experience mild discomfort which is normal. This mild discomfort will go away after 1-2 weeks and BalancePro insoles will remain effective. However if the discomfort is severe or persists, please discontinue use and contact us. Not recommended for persons with diabetes.

STEPS: [1] Try BalancePro insoles in your shoes **before** trimming anywhere. If trimming is required, trim carefully and **do not cut any part of the raised ridge**. (It may be necessary to remove any existing insoles from your shoes before fitting our insoles.) [2] Find your BalancePro size from the tables below. [3] Find the suggested trim line according to your normal shoe size.

Do NOT cut any part of the raised ridge!



WOMEN - BalancePro Size XS			
Shoe Size	6	7	8
Corresponding Trim Line	A	B	C

MEN - BalancePro Size S			
Shoe Size	6	7	8
Corresponding Trim Line	A	B	C

WOMEN - BalancePro Size S			
Shoe Size	8.5	9	10
Corresponding Trim Line	A	B	C

MEN - BalancePro Size M			
Shoe Size	8.5	9	10
Corresponding Trim Line	A	B	C

WOMEN - BalancePro Size M			
Shoe Size	10.5	11	12
Corresponding Trim Line	A	B	C

MEN - BalancePro Size L			
Shoe Size	10.5	11	12
Corresponding Trim Line	A	B	C